



MURANG'A UNIVERSITY COLLEGE
(A Constituent College of Jomo Kenyatta University of Agriculture and Technology)
SCHOOL OF BUSINESS

HUMAN RESOURCE DEPARTMENT

2015/2016 ACADEMIC YEAR

MAIN EXAMINATION

HEH 2402 CAREER MANAGEMENT AND DEVELOPMENT

TIME: 2HOURS

DATE: 9-12-2015

ANSWER QUESTION ONE AND ANY OTHER TWO

QUESTION ONE

- a) Explain six ways of capitalizing in career mobility (12marks)
- b) Explain six characteristics of career planning (6marks)
- c) Highlights any seven career development support techniques (7marks)
- d) Explain five ways of facilitating growth towards career resilience (5marks)

QUESTION TWO

- a) Discuss five requirements for working couples to balance career and family (10marks)
- b) Describe the stages of career development (10marks)

QUESTION THREE

- a) State and explain five objectives of career planning (5marks)
- b) Explain five sources of career plateaus (10marks)
- c) State five benefits that will accrue an organization that encourage career development (5marks)

QUESTION FOUR

- a) There are a number of learning theories. Discus the four main theories (10marks)
- b) Highlights three methods of self-development (3 marks)
- c) Explain five ways of making career planning effective (5marks)